

TMETABLE

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TIME (APPROX.)	GRADE	STAGE 1	STAGE 2	STAGE 3	
9.00 AM	BUN GRAD	6-7	7-8	8-9	
	TUS GRAD	U7	7-8	8-9	
*	MEAN GRAD	U7	7-8	8-9	
11.30 AM	BUN GRAD	U5	U 6		
12 NOON	U7, U8, U9 OPEN CHAMPIONSHIP				
2.00 PM	BUN GRAD	9-10	10-12	12-14/0 14	
*	TUS GRAD	9-10	10-12	12-14/0 14	
	MEAN GRAD	9–10	10-12	12-14/0 14	
3.30 PM	9-11 PRELIM 11-13 PRELIM				
4.30 PM	13–15 PRELIM O15 PRELIM				

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All dancers will be placed in Reel and Trophy Dance competitions. 50% of dancers will be placed in all other dancers
All grade dance winners will receive a riser.
In Trophy Dance competitions, the top 5 will receive a trophy
Entries via link: https://forms.gle/37S6whZ5LZ7LMAYG8
Entries close 6pm Wednesday 23rd April, 2025
Entry Fees:

Grade dances: £5.00 each Trophy Dances: £6.00 each

Door Fee: £5.00 per adult

Am

PRELIM/CHAMPIONSHIP DANCES

10			
30	U6 + U7 CHAMPIONSHIP	Reel, Single Jig and Light/Heavy Jig	*
	U8 + U9 CHAMPIONSHIP	Reel, Light/Heavy Jig, Traditional Set	*
3	ALL PRELIM CHAMPIONSHIPS	Reel or Slip Jig and Heavy Jig or Hornpipe	***



In Prelim and Open championships, top 5 dancers will receive a trophy and a sash.

100% placement in all solo rounds of championships
Entries via the following link: https://forms.gle/37S6whZ5LZ7LMAYG8
Entries close 6pm Wednesday 23rd April, 2025

Entry Fees:

U7-U9 Champsionship: £30 Prelim Championships: £30 Door Fee: £5.00 per adult

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FEIS RULES

COMPETITION RULES

- 1. No refunds except in the case that the event does not run.
- 2. Entries only accepted from teachers registered with An Coimisiún le Rincí Gaelacha.
- 3.The adjudicator's decision is final.
- 4.Age taken from 1st January 2025.
- 5. Competitors in Bun Grad and Tus Grad, up to and including Under 12 age group may only wear traditional class costumes or long/short sleeved blouses & skirt/trousers, polo tops & skirt/trousers, body suits & skirts or tunics that confirm to the regular costume length rule. Low cut tops and short tight skirts are not permitted.
- 6. Make-up (including eyelashes and face tan) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
- 7. Make-up will not be permitted for any dancer in the first two grades (Bun Grad & Tus Grad or equivalent) up to and including the Under 12 age group worldwide.
- 8. Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 percent) in order for the dancer to continue in the competition.
- 9. Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustration on www.clrg.ie), Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70 per cent. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights.
- 10. Bun Grad competitions are confined to competitors who at the time of entry have never won 1st place (or being graded as per below) in that particular dance in any age group or grade. Basic steps only are permitted in Bun Grad. 11. Tus Grad confined to dancers who have never won 1st place (or being graded as per below) for that particular dance in any age in Tus Grad, Mean Grad or Ard Grad. Dancers may perform either basis steps or their first hard/difficult

version of each dance.

- 12. In Bun and Tus Grad competitions one dancer moves up to the next grade if there is less than 20 competitors, two dancers move up if there are between 21 and 40 competitors and three dancers move up if there are over 40 competitors.
- 13. Mean Grad competitions are confined to dancers who at the time of entry never won 1st place for that particular dance in Mean or Ard Grad in that age group or a higher age group.
- 14. METRONOMIC SPEEDS are as follows:

BUN GRAD: Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144

TUS GRAD: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130

MEAN/ARD GRAD: Reel 113, Light Jig 116, Single Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113

TRADITIONAL SET DANCES: St Patrick's Day 94, The Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96 or Jockey to the Fair 90.

15. All competitors will be required to dance a MINIMUM number of 40 bars, except Slip Jig. Hornpipe & Bun Grad Reel where a MINIMUM number of 32 bars will be required.

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OTHER RULES:

- 16. Any form of unauthorized, photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g mobile phone, standard camera, video camera, with or without flash enhancement, is forbidden during competition.
- 17. Any parent who would not like their child to appear in photos taken by the feis committee should make the feis organiser aware prior to the results being announced.
- 20. Changing of costumes, dressing or undressing is not permitted in the halls or public areas.
- 21. No block, en point, stationery or moving, will be allowed for all ages up to and including Under 12. However, dancers who will be competing in the 12-13 age group in the following year, will be exempt from this rule from 1st September.
- 22. The feis committee will not accept any responsibility for personal injuries or articles lost at the feis.
- 23. The feis committee reserves the right to transfer competitions/results to a different stage or to alternate competitions if it becomes necessary in order to help the feis rum smoothly. The committee reserves the right to use a relief adjudicator.
- 24. The feis committee reserve the right to refuse feis entries or entrance into the feis.
- 25.The Child Protection Designated Liaison Officer for the Ulster Region is Paula Bell, If you have any concerns for any child's safety at the event, please contact her: CPDLOUIster@gmail.com

